

Menu of the day **(sample only, menu changes daily)**

Starters

Soup of the day

Beetroot & walnut salad with feta cheese and a balsamic vinegar glaze dressing

Frolics king prawn bloody Mary cocktail salad

Deep fried goat's cheese served with red onion marmalade

Whitebait served with lemon mayonnaise

Pork bon bons served with apple sauce

Special starters of the day (subject to availability):

Garlic mushrooms served with crostini and feta cheese sauce

Crispy poached egg served with **crispy Parma ham** and truffle mayonnaise

Mains

Pan roasted chicken breast served with mash potato, fine beans and tomato beurre blanc sauce

Braised pork belly with mash potato, carrots and whole grain mustard jus

Pan fried sea bream, crushed new potatoes, fine beans, carrots and lemon beurre blanc sauce

Glamorgan sausages served with mash potato and red wine sauce (v)

Special Mains of the day (subject to availability):

King prawn linguini with courgettes, chili, garlic, shallots and a white wine sauce (£3.95 supp.)

Frolics style beef stroganoff served with French fries (£3.95 supp.)

House fish pie served with green beans and white wine sauce (£3.95 supp.)

Pork tenderloin wrapped in bacon served with mash potato, green beans, chorizo feta cheese and mixed peppers salsa, smoked paprika and beurre blanc sauce (£3.95 suppl)

Desserts

Chocolate brownie served with chocolate sauce and ice cream

Frolics bread and butter pudding served with custard

Pannacotta served with sorbet

Plum crumble served with ice cream

Selection of sorbet

Discounted menu £20.95 for 2 courses (usually £26.95)

Discounted menu £24.95 for 3 courses (usually £30.95)

Ala carte

(not included on the menu above)

Starter

Pan fried scallops served with parsnip puree, pork belly and homemade parsnip crisps – **£11.95**

Mains

Pan fried fillet steak with French fries, fine beans and peppercorn brandy sauce **£26.95**

All prices include VAT.

Please be advised that nuts are used in our kitchens. If you do have any dietary requirements, please let us know.